

ICISF Critical Incident Stress Management (CISM)

INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT

Training Class Hosted by Pierce Transit

November 17 & 18, 2010

8:00 AM – 4:30 PM

**Pierce Transit Training Center (Rainier Room)
3720 96th St. SW.
Lakewood, WA 98499**

Registration Fee: \$100.00

(includes workbook and certificate of completion)

Light snacks will be provided. Lunch is on your own.

Registration Deadline: Friday, November 5, 2010

This fee is non-refundable after November 5th

Course Description

Crisis Intervention is NOT psychotherapy; rather, it is a specialized acute emergency mental health intervention which requires specialized training. As physical first aid is to surgery, crisis intervention is to psychotherapy. Thus, crisis intervention is sometimes called "emotional first aid". This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention.

This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress.

Program Highlights

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention

PIERCE TRANSIT RAINIER ROOM DIRECTIONS AND PARKING:

From Tacoma and North:

I-5 Southbound (Portland/Tacoma) to Exit #127 SR 512. Keep to the Right. Turn Right at first light (SR 512). Keep right and turn Right onto South Tacoma Way. Stay to the right until after the intersection at 100th St. At the next traffic light, turn Left onto 96th St. SW.

From Olympia and South:

I-5 Northbound (Tacoma/Seattle) to Exit #127 SR 512 stay to left & then exit right up onto cloverleaf and over freeway. Keep to the right and turn right onto South Tacoma Way. Stay to the right until after the intersection at 100th St. At the next traffic light, turn Left onto 96th St. SW.

PARKING:

The building is located at 3720 96th St. SW., just west of South Tacoma Way and across the street from the Pierce Transit headquarters and bus lot. There is visitor parking available on the east side of the building. Turn Left into the driveway just before the building. Enter through the doors facing 96th. The Rainier Room opens to the lobby of the building.

HOTELS & MOTELS IN OR NEAR LAKEWOOD

Americas Best Value Inn of South Tacoma

4215 Sharondale St. SW.
Lakewood 98499
Phone: (253) 589-8800
Fax: (253) 589-9462
www.americasbestvalueinn.com

Comfort Inn

8620 S. Hosmer Street
Tacoma 98444
Phone: (253) 538-7998
Fax: (253) 538-6981
www.ComfortInn.com

Rodeway Inn

8702 S. Hosmer
Tacoma 98444
Phone: (253) 535-3100
Fax: (253) 537-6497
www.rodewayinn.com

Holiday Inn Express Hotel & Suites

8601 S. Hosmer Street
Tacoma 98444
Toll Free: (800)-315-2621
Phone: (253) 539-2020
Fax: (253)-6206002
www.hiexpress.com

King Oscar Hotel

8820 South Hosmer, Tacoma 98444
Toll Free: (888) 254-KING
Phone: (253) 539-1153
Fax: (253) 539-1152
www.koscar.net

Best Western Lakewood Motor Inn

6125 Motor Avenue SW.
Tacoma 98499
Phone: (253) 584-2212
(800) 780-7234 Fax: (253) 588-5546
www.bestwestern.com

REGISTRATION FORM

INDIVIDUAL CRISIS INTERVENTION AND PEER SUPPORT

November 17 & 18, 2010

Hosted by Pierce Transit

(Please Type or Print Clearly)

NAME & TITLE: _____

AGENCY/ORGANIZATION: _____

ADDRESS: _____

CITY/STATE/ZIP CODE: _____

DAYTIME PHONE #: _____ E-MAIL ADDRESS: _____

METHOD OF PAYMENT: Check PURCHASE ORDER # _____

AMOUNT ENCLOSED: \$ _____

RETURN COMPLETED FORM BY FRIDAY, NOVEMBER 5, 2010 TO:

Barb Cieslak, H.R. Specialist
Pierce Transit
P.O. Box 99070
Lakewood, WA 98496-0070
bcieslak@piercetransit.org